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## **Quotable Quotes from St. Teresa of Avila**



*Collection of Quotable Quotes from Saint Teresa of Avila, mystic and doctor of the Roman Catholic Church, on humility, courage, pain, trials, prayer, knowing ourselves, God's Will and other topics. St. Teresa is one of the most universally beloved teachers of the spiritual life, acclaimed by Catholics, Orthodox, and Protestant Christians alike for the assistance her writings and example provide in growing in intimacy with God the Father, Son, and Holy Spirit.*

"All things must come to the soul from its roots, from where it is planted."

"Be gentle to all and stern with yourself."

"God gave us faculties for our use; each of them will receive its proper reward. Then do not let us try to charm them to sleep, but permit them to do their work until divinely

called to something higher."

"Pain is never permanent."

"God has been very good to me, for I never dwell upon anything wrong which a person has done, so as to remember it afterwards. If I do remember it, I always see some other virtue in that person."

"I do not fear Satan half so much as I fear those who fear him."

"Let nothing disturb thee; Let nothing dismay thee; All things pass; God never changes. Patience attains All that it strives for. He who has God finds he lacks nothing; God alone suffices."

"To have courage for whatever comes in life - everything lies in that."

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"To reach something good it is very useful to have gone astray, and thus acquire experience."

"We can only learn to know ourselves and do what we can - namely, surrender our will and fulfill God's will in us."

"We shall never learn to know ourselves except by endeavoring to know God; for, beholding His greatness, we realize our own littleness; His purity shows us our foulness; and by meditating upon His humility we find how very far we are from being humble."

"There are more tears shed over answered prayers than over unanswered prayers."

"It is here, my daughters, that love is to be found - not hidden away in corners but in the midst of occasions of sin. And believe me, although we may more often fail and commit small lapses, our gain will be incomparably the greater."

"The tree that is beside the running water is fresher and gives more fruit."

"O my God, what must a soul be like when it is in this state! It longs to be all one tongue with which to praise the Lord. It utters a thousand pious follies, in a continuous endeavor to please Him who thus possesses it."

"Our body has this defect that, the more it is provided care and comforts, the more needs and desires it finds."

"The feeling remains that God is on the journey, too."

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## Personal Prayer: Pathway to Joy

*Marcellino D'Ambrosio, Ph.D.*

Everyone knows that personal prayer is important. You can't expect to deepen a relationship with God talking with Him only once a week! But how, in the midst of the busy, noisy life we all lead, can we develop a pattern of daily prayer that really works? And if we are successful in carving out some moments for prayer, what do we do? How should we spend that time in way that would be most fruitful?

Dr. Marcellino D'Ambrosio has taught spiritual theology academically, but, more importantly, he's had plenty of practice applying that tradition to everyday life. With a family of seven, a business, and a non-profit corporation to run, he knows the challenges that a busy, active life can pose to the Christian who wants to pray. In this talk, he lays down principles and gives practical suggestions on how busy laypeople can develop a prayer life that leads to joy and personal transformation.



**CD - \$8.95**